

Invitation to QTU Members

QTU Assertiveness Training - Level 1

Tuesday 11 September 2018

4.00pm – 6.00pm

(afternoon tea provided)

**Kedron State High School (R Block)
Park Road, Wooloowin**

Program:

The goals of assertiveness training include:

- Reflecting on your current approach to assertiveness
- Promoting effective communication at work and beyond
- Exploring a range of strategies to enhance your assertiveness
- Building your confidence and an understanding of your personal rights

Facilitated by:



Sam Pidgeon
QTU Vice-President



Gill Armit
QTU Organiser – Metro North

[Click here to RSVP](#)

RSVP: by COB Friday 7 September 2018